

# **Tremont Competencies**

## **Divergent Thinking**

- To explore broadly and adventurously in pursuit of possibility
- To wonder about, identify, and investigate problems
- To make connections across domains and contexts

## **Convergent Thinking**

- To build explanations and understanding
- To plan and be strategic
- To take intellectual care and do precise work
- To ask for and evaluate reasons

## **Metacognitive Thinking**

- To think about your own thinking to co-design your best learning environment
- To use and embrace mistakes as a part of learning
- To appreciate the truth in others and their work
- To communicate mindfully about yourself and your work: self-advocacy

## **Social Thinking**

- To think about the needs of self, others, and the group
- To connect socially to fulfill individual and group purpose
- To engage in interpersonal problem solving